

CURRICULUM VITAE

Alex Koszalinski, PT, DPT, PhD, OCS, FAAOMPT
School of Physical Therapy at South College

Education:

NOVA Southeastern University
Ft. Lauderdale, FL
August 2007 to 2018
PhD in Physical Therapy
Degree conferred December 31, 2018

Regis University
Denver, CO
January 2005 to May 2007
Manual Therapy Fellowship
Graduation 2007

Kent State University,
Kent, OH
August 2005 to May 2007
PhD in Exercise Physiology
Transferred to Nova Southeastern University

University of St. Augustine
St. Augustine, FL
2001 to 2003
Transitional Doctorate in Physical Therapy
Graduate 2003

Grand Valley State University,
Allendale, MI
June 1994 to April 1996
Master of Science, Physical Therapy
Graduate April 1996

Grand Valley State University
Allendale, MI
August 1990 to April 1994
Bachelor of Science
Graduate April 1994

Licensure Information/Registration Number:

Licensed Physical Therapist in state of Tennessee/license number 10493

Certifications and Fellowships

Education Leadership Institute Fellowship, APTA. Accepted to the class of 2019-2020.
Anticipated completion July 2020.

Orthopedic Clinical Specialist (OCS) by The American Board of Physical Therapy
Specialties (ABPTS) in 2005 and renewed in 2015

Fellow of the American Academy of Orthopaedic Manual Physical Therapists
(FAAOMPT) in 2007 and renewed in 2017

Certified Myofascial Trigger Point Therapist (CMTPT) by Myopain Seminars in 2011
Manual Therapy Certificate (MTC) by the University of St. Augustine for Health Sciences
in 2003

Employment and Positions Held:

Assistant Dean and Director of Curriculum
School of Physical Therapy
South College
Knoxville, TN
March 2019 to present

Assistant Professor and Director of Curriculum
School of Physical Therapy
South College
Knoxville, TN
November 2014 to current

Regional Manager/Co-Owner
Breakthrough Physical Therapy
Fayetteville, NC
January 2008 to September 2014

Clinical Assistant Professor
Division of Physical Therapy
Clinical track – non tenure
Walsh University
North Canton, OH
August 2002 to August 2007

Physical Therapist
Concorde Therapy Group
North Canton, OH
October 2006 to September 2007

Physical Therapist
Benchmark Medical, Inc.

Akron, OH
April 2006 to August 2007

Physical Therapist
Concentra Health System
Akron/Cleveland, OH
May 2005 to December 2005

Physical Therapist
Summa Health System,
Akron, OH
June 1996 to December 2002

Peer Reviewed Publications

Koszalinski A, Cleland J, Flynn T, Hellman M. *“Trigger Point Dry Needling, Manual Therapy and Exercise versus Manual Therapy and Exercise for the Management of Achilles Tendinopathy: A Feasibility Study”*. Submitted to Journal of Manual and Manipulative Therapy, March 2019 and resubmit with revisions August 2019.

Peer Reviewed Scientific and Professional Presentations:

Co-Author chapter revision with Dr. T. Flynn and Dr. M. Jones: Low Back Pain. ACSM’s Guidelines for Exercise Testing and Prescription. 11th ed. Wolters Kluwer. In Press.

Addressing the Unique Student Assessment Challenges in Hybrid Programs. Co-Presenter. ExamSoft Assessment Conference, Denver Colorado, June 15th, 2017

“Manual Physical Therapy Approach to Treatment of Thoracic Outlet Syndrome: A Case Report”

Poster presentation at the AAOMPT national conference, 2007 St. Louis, MO

Research Activity:

“A survey of Perceptions of Physical Therapy Clinical Educators Participating in the Accelerated Hybrid Learning Model.” Data collection in process.

Authors: Sparks CL, Norton H, Cutrone G, Koszalinski A, Noteboom T.

“Scholarship of Learning of the Physical Therapy Student in an Accelerated Hybrid Model”. Sparks C, MacCabe A, Koszalinski A. Data Collection in Process.

“Trigger Point Dry Needling, Manual Therapy and Exercise versus Manual Therapy and Exercise for the Management of Achilles Tendinopathy: A Feasibility Study”. Koszalinski A, Cleland J, Flynn T, Hellman M.

Doctoral Dissertation completed December 2018

Continuing Education Workshops Conducted/Organized:

Concepts in Clinical Management of the Upper Cervical Spine. Co-Presenter.
Tennessee Physical Therapy Association Knoxville District, Knoxville, TN, March 12th,
2019

Evidence-Based Approach to Cervicothoracic Manipulation. Sole Presenter for Medical
Minds in Motion. Conducted 6, 2-day seminars in 2017 & 2018

Fast and Slow: Thrust and Non-Thrust Mobilization of the Lumbar Spine and Hips. One
Day Seminar Co-presenter at the Tennessee Physical Therapy Association, Spring
Conference 2017, March 31st

Fast and Slow: Thrust and Non-Thrust Mobilization of the Cervical and Thoracic Spine.
One Day Seminar. Co-presenter at the Tennessee Physical Therapy Association,
Spring Conference 2017

Thrust and Non-thrust Manipulation of the Cervical and Lumbar Spine
Continuing education courses presented to Concorde Therapy Group as a 3-part series
2007

Manual Therapy Techniques for the Cervical Spine
Presented to Mercy Medical System in North Canton, Ohio 2004 and 2005

A Manual Therapy Approach to Treatment of the Cervical and Thoracic Spine
A 2-day seminar presented November 2002

Sole presenter of anatomy, biomechanics, and techniques for examination and manual
therapy techniques for the cervical and thoracic regions

Principles in the Treatment of Adults with Hemiplegia
Continuing education course presented 2001 and 2002
Topic of instruction included biomechanics of the shoulder and spine

Membership in Scientific/Professional Organizations:

Member, American Physical Therapy Association, (340059) 2002 to present
Member, American Academy of Orthopedic Manual Therapists, AAOMPT (#3247) 2005
to present
Member, Tennessee Physical Therapy Association (#10493), TPTA May 2015 to
present

Consultative and Advisory Positions Held:

Search Committee Member for Director of Curriculum and Faculty Positions
Tufts University Doctor of Physical Therapy Program
2019

Advisory board member
Stark State College of Technology Physical Therapy Assistant Program
2004 to 2007

Community Service:

Coach in the Suburban Hockey League
Rochester, MI
2018 to present

Coach in the West Knox County Little League
Knoxville, TN
2015 to 2016

Assistant coach, strength and conditioning coach
CVCA High School ice hockey team
Stow, Ohio
2003 to 2005

Camp counselor for MRDD adults
Stark County, Ohio
1997 to 1998

Track coach for Special Olympics
Stark County, Ohio
1997

Services to the University/College/School on Committees/Councils/Commissions:

Curriculum Committee – Chair
South College
School of Physical Therapy
November 2014 to current

Interprofessional Education Committee (IPE) – Member
South College
August 2015 to current

Library Committee – Member
South College
2018 to present

Selection Committee for faculty – Member
Walsh University
Division of Physical Therapy
2003 to 2007

Selection Committee for Director of Student Affairs position – Member
Walsh University
Student Affairs Department

2005 to 2006

Strategic Planning Committee - Member
Walsh University
Student Affairs Department
2005 to 2007

Advisor for students in the physical therapy graduate program and pre-physical therapy undergraduate students
Walsh University
Division of Physical Therapy
2002 to 2007

Advisor for Undergraduate Pre-Physical Therapy Fellows Program and Accelerated Pre-Physical Therapy program
Walsh University
Division of Physical Therapy
2005 to 2007

Continuing Education Attended:

AAOMPT Annual Conference - 2016
Evidence in Motion – Manipalooza East Coast Swing, 2016
AAOMPT Annual Conference - 2015
Dr. Ma's Integrative Dry Needling for Pain Management and Sports Rehab 2014
Dr. Ma's Integrative Dry Needling for Pain Management and Athletic Performance 2014

Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Site Visit:

Winter Quarter

DPT 6310 Musculoskeletal Practice III – Cervicothoracic Spine (Lab faculty)
DPT 6320 Musculoskeletal Practice IV – Shoulder, Elbow, Wrist/hand (Lead Faculty)
DPT 6331 Health Promotion and Fitness Management (Lead Faculty)

Summer Quarter

DPT 6110 PT Fundamentals (Lead faculty)
DPT 6120 Physical Agents (Lab faculty)
DPT 6160 Human Anatomy I (Lab faculty)

Fall Quarter

DPT 6210 Musculoskeletal Practice I – Lumbopelvic and Hip (Lab faculty)
DPT 6240 Human Anatomy II (Lab faculty)
DPT 6251 Therapeutic Interventions (Lead faculty)
DPT 6640 Advanced Therapeutic Interventions (Lab faculty)